

July 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Tom Kha Tofu Thai Soup	2 Spaghetti & Meatballs with Marinara	3 Chinese Chicken Cabbage Salad	4 Nixon Chicken Spicy Pineapple Cole Slaw	5 Maple Pecan Salmon	6 PIZZA	7 Cioppino
8 Cauliflower Soup with Cheese Toast	9 5-Taste Spring Salad	10 Grilled Chicken Wings	11 Easy Broiled Salmon	12 Chicken Breast with Raisin-Rice-Feta Salad	13 PIZZA	14 Clam Sauce over Linguine
15 Beef & Sautéed Vegetable Salad	16 Creamy Four-Cheese Macaroni	17 Roasted Chicken	18 Tamari Ginger Marinated Broiled Mackerel	19 Tempeh Chili and Brown Rice	20 PIZZA	21 Thai Shrimp Bisque
22 Chicken Tortilla Soup	23 Mushroom Enchiladas	24 Ginger Chicken	25 Maple Pecan Crusted Salmon	26 Vegetarian Chili	27 PIZZA	28 Pesto Shrimp with Feta and Brown Rice
29 Chicken Tequila Fettuccini	30 Reuben Pinto-Burger	31 Lemon Chicken				